



West Horsley Place Welcomes WOW Fest 2024 This Summer!

In a celebration of holistic wellness like no other, WOW Fest is set to mesmerise guests at the peaceful setting of a Grade I listed medieval manor house and estate in Surrey on the 20th and 21st of July 24, sponsored by [Jasper Cacao](#).

Unique Experiences Await: Experience an unparalleled wellbeing journey at WOW Fest, where over 4,000 spaces await for workshops, activities, and talks led by industry leaders. Set in the heart of Surrey, West Horsley Place offers an idyllic setting for free and ticketed events that prioritise mental, physical, and spiritual wellbeing over two immersive days. More than a festival, WOW Fest creates a safe haven and a community challenging expectations and stereotypes within the often-inaccessible wellbeing industry, providing a platform for individuals to explore and share their own Wisdom on Wellness.

Mary Cox, Co-Founder, expresses pride in establishing “a haven for self-discovery, WOW Fest encourages guests to reconnect with their mind, body, and soul. We dedicate ourselves to promoting the importance of a well-rounded and accessible approach to wellbeing.”

Wellness Marketplace: With a view of the Manor House and the sunflower meadows, our marketplace will accommodate more than 80 exhibitors, offering a diverse range of holistic products and services for the entire family's wellness journey. Expect an array of organic natural products, crystals, eco-friendly homeware, items for our four-legged friends and much more.

WOW Talks: In 2023, WOW Talks featured talks from speakers like Raphael Rowe, Andrea McLean, and Milly Pickles, alongside other inspirational guests. Returning for 2024, brace yourself for a line-up of renowned experts who will share their profound wisdom and insights in the Place Farm Barn.

New & Improved Elements for 2024:

Main Stage: Set in front of the Manor House, the main stage is the lively focal point of the festival, which promises an energetic atmosphere while connecting with nature. It will be a hub for immersive experiences, featuring live music, Ecstatic Dance, Drumming Workshops, and Mass Meditations.

Jasper Cacao Café: Presented by our Sponsor, here you can immerse yourself in the power of the plant medicine of cacao, with music, sharing circles and enlightening taster sessions. This intimate and powerful space is designed to foster spiritual growth and inner transformation.

Mindful Manor House: The medieval manor house is the charming setting for several festival elements (you might even recognise it from the recent BBC sitcom hit, Ghosts!). Explore it's vibrant history and discover even more new and inspiring workshops, and a dedicated space in the historic Stone Hall for our intuitive readers.

The Walled Garden: Set within the serpentine walled garden, we invite you to relax and delve into deeper workshop practices, including yoga, breathwork, sound healing, goddess workshops, drumming sessions and much more.

WOW Spa: Envision a sanctuary nestled in the orchard, offering cold water therapy, saunas, massages, reiki, reflexology and lots more holistic therapies - an ultimate haven for dedicated self-care.

Creativity Classes: Immerse yourself in our exclusive space for hands-on workshops designed to awaken your inner child. Whether it's macramé, mindful arts and crafts, creative writing, poetry or self-love sessions, dive into the creative experience.

Creative Arts Lawn: Within the vibrant world of WOW Fest, a host of creative endeavours awaits in the estate gardens. Think live art, local musicians, dancers and performances, you'll leave with a renewed sense of inspiration and joy.

Children's Area: Fun, free activities and wellness resources, such as mindful workshops, physical activities and games to keep all ages entertained all weekend.

Recharge & Refuel: Our catering outlets will offer a variety of nutritious food and drinks with a picturesque view of the Place Farm Barn and gardens. Accommodating to all dietary needs.

Mental Health Charity Partner:

Throughout the weekend, you will have the chance to win some fantastic prizes with a charity raffle in aid of the [Grace Dear Trust](#), a local mental health charity that works tirelessly to combat suicide in young people. Alix Bramwell, Co-Founder, said: "Following the challenges of my own mental health journey, I want to inspire, open conversations and challenge stigma around mental wellbeing. Fundraising and awareness for the Grace Dear Trust, a charity very close to my heart, was also an important motivation for founding this project."

Sponsorship Partner

Sponsoring the festival is [Jasper Cacao](#), a UK based conscious company specialising in the import, sale and distribution of the finest ceremonial grade cacao.

From Debut to Spectacle:

Following two successful festivals at Painshill Park with over 7000 visitors, WOW Fest 24 promises to be even grander in its new home. Tickets, priced at £20 per person. Secure your tickets for the ultimate summer day out in Surrey.

-ENDS-

Notes for the Editor:

Further information can be found at: [Wisdom on Wellness Festival \(wisdomonwellnessfestival.co.uk\)](http://wisdomonwellnessfestival.co.uk)

Company Background

[Wisdom on Wellness \(WOW\) Ltd.](#) was created by Co-Founders Alix Bramwell and Mary Cox in 2022. It was born from their personal experiences with mental health, utilising holistic healing therapies, and a need for open conversation, which helped them to create a safe space and community.

WOW offers a simple pathway into the often-inaccessible wellbeing space. It delivers unique experiences to boost individuals' wellbeing journey and provides a community for like-minded people to come together to share their own knowledge, their Wisdom on Wellness. Wisdom on Wellness also offers retreats and exhibitions, such as the London Gem and Mineral Show, corporate and education wellbeing packages.

Social Media Accounts: Instagram – [@wisdomonwellness](#) | Facebook – [Wisdom on Wellness](#)

Associated hashtags: #wisdomonwellness #shareyourwow #wowfest24 #bordehill

Media Enquiries - Media enquiries should be directed to Alix Bramwell, Co-Founder via alix@wisdomonwellness.co.uk

