Schedule - Sunday 21st July

Please note, schedules may be subject to change

Time	Wellness Marketplace	WOW Talks The Barn	Jasper Cacao Cafe	Main Stage	Walled Garden	Creative Arts Lawn	Children's Activities	The Waffle Shop Podcast Live	The Drawing Room	Lady Crewe's Bedroom	The Library
ALL DAY		ALL DAY Sarah Lamptey	ALL DAY Jasper Cacao Cafe ALL DAY Intuitive Readings & Healing	ALL DAY DJ (FREE)		ALL DAY Live Art (FREE)	ALL DAY Arts & Crafts (FREE) ALL DAY Giant Outdoor Games (FREE)				
10:00		10:30 Lisa Towers (FREE)			10:45 Breathwork	10:45 Dan Titus (FREE)		10:30 Claire Tamplin (FREE)	10:30 Gong Bath		
11:00	11:00 Soul Circle (FREE)	11:15 Sarah Williamson (FREE)	11:30 Forest Bathing Meeting Point (FREE)	11:15 Rock Choir (FREE)			11:00 Skipping Workshops (FREE)	11:15 Rob Hosking (FREE)		11:00 Macramé Mini Plant Hanger Workshop	
12:00	11:30 Forest Bathing (FREE)	12:00 Lotan Carter (FREE)	11:45 Mass Meditation (FREE)	12:00 Mass Cacao Ceremony (FREE)	11:30 Dynamic Yoga	11:45 BoThai Music (FREE)		12:15 Cat Googe (FREE)	11:45 Somatic Workshop for Resetting The Nervous System		12:00 Vision Board Workshop
13:00		13:30 Hannah Barrett (FREE)	13:15 Sound Bath & Reiki Taster (FREE)	12:45 Cheetah Ram (FREE)	12:45 Laughter Yoga	13:00 Mindful Juggling Workshops (FREE)		13:00 Fabian & Julius Cowdrey (FREE)	13:00 Mantras & Mudras Healing Circle	12:45 Goddess Workshop	13:15 Calming Modern Calligraphy for Beginners
14:00	14:30 Macramé Key Chain & Charm Workshop (FREE)	14:15 Caggie Dunlop	14:30 Cacao Ceremony (FREE)	13:45 Ignite Sober Rave (FREE)	14:00 Vinyasa Flow Yoga	14:15 Dominic Hatcher (FREE)	14:00 Children & Teenagers Art Classes (FREE) 14:45 Family Street Dance (FREE)	14:15 Jackie Lynch (FREE)	14:15 Crystal Sound Bath	14:00 Mindful Seed Sowing for Success	14:30 Poetry 101 - Poetry for Beginners (FREE)
15:00	15:30 Soul Circle (FREE) 15:30 Forest Bathing (FREE)	15:30 Shane Cooke (FREE) 16:15 Lenna Sachinis (FREE)	15:30 Forest Bathing Meeting Point (FREE)	15:00 Ecstatic Dance (FREE)	15:15 Drumming Meditation	15:30 Phil Osophy (FREE)		15:00 Annie Breen (FREE) 16:00 Rash Rattu (FREE)	15:15 Multidimensional Earth Cosmic Ceremony 16:30 Baby Massage (FREE)	15:15 Vaginal Healing (FREE) 16:30 Meaningful Mornings	15:45 Calming Modern Calligraphy for Beginners
17:00											
18:00											